

Michigan Alcoholism Screening Test (MAST)

Client Name:

Date:

Agency Name: Healthy Minds

Provider Signature:

	Yes	No
Do you enjoy a drink now and then?	<input type="checkbox"/>	<input type="checkbox"/>
1. Do you feel you are a normal drinker? <i>By normal we mean you drink less than or as much as most other people.</i>	0 <input type="checkbox"/>	2 <input type="checkbox"/>
2. Have you ever awakened the morning after some drinking the night before and found that you could not remember a part of the evening?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
3. Does your wife, husband, a parent, or other near relative ever worry or complain about your drinking?	1 <input type="checkbox"/>	0 <input type="checkbox"/>
4. Can you stop drinking without a struggle after one or two drinks?	0 <input type="checkbox"/>	2 <input type="checkbox"/>
5. Do you ever feel guilty about your drinking?	1 <input type="checkbox"/>	0 <input type="checkbox"/>
6. Do friends or relatives think you are a normal drinker?	0 <input type="checkbox"/>	2 <input type="checkbox"/>
7. Are you able to stop drinking when you want to?	0 <input type="checkbox"/>	2 <input type="checkbox"/>
8. Have you ever attended a meeting of Alcoholics Anonymous (A. A.)?	5 <input type="checkbox"/>	0 <input type="checkbox"/>
9. Have you gotten into physical fights when drinking?	1 <input type="checkbox"/>	0 <input type="checkbox"/>
10. Has your drinking ever created problem between you and your wife, husband, a parent, or other relative?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
11. Has your wife, husband (or other family members) ever gone to anyone for help about your drinking?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
12. Have you ever lost friends because of your drinking?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
13. Have you ever gotten into trouble at work or school because of drinking?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
14. Have you ever lost a job because of drinking?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
15. Have you ever neglected your obligations, your family, or your work for two or more days in a row because you were drinking?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
16. Do you drink before noon fairly often?	1 <input type="checkbox"/>	0 <input type="checkbox"/>
17. Have you ever been told you have liver trouble? Cirrhosis?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
18. After heavy drinking have you ever had Delirium Tremens (D.T.'s) or severe shaking, or heard voices or seen things that really weren't there? a. IF YES, How many times? ____ (5pts for DT's)	2 <input type="checkbox"/>	0 <input type="checkbox"/>
19. Have you ever gone to anyone for help about your drinking?	5 <input type="checkbox"/>	0 <input type="checkbox"/>
20. Have you ever been in a hospital because of drinking?	5 <input type="checkbox"/>	0 <input type="checkbox"/>
21. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem that resulted in hospitalization?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
22. Have you ever been seen at a psychiatric or mental health clinic or gone to any doctor, social worker, or clergyman for help with any emotional problem, where drinking was part of the problem?	2 <input type="checkbox"/>	0 <input type="checkbox"/>
23. Have you ever been arrested for drunk driving, driving while intoxicated, or driving under the influence of alcoholic a. IF YES, How many times? ____ (2pts/arrest)	2 <input type="checkbox"/>	0 <input type="checkbox"/>
24. Have you ever been arrested, or taken into custody, even for a few hours, because of other drunk behavior?	2 <input type="checkbox"/>	0 <input type="checkbox"/>

Selzer ML. The Michigan Alcoholism Screening Test: The quest for a new diagnostic instrument. Am J Psychiatry 1971;127:1653-1658.

Score	Interpretation Guide
0 – 3	No apparent problem
4	Early or middle problem drinker
5 +	Problem drinker

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a. IF YES, How many times? ____ (2pts/arrest)		
TOTAL SCORE	0	

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