Drug Abuse Screening Test (DAST)

Client Name: Date:
Agency Name: Healthy Minds Provider Signature:

In the last 12 months	Yes	No
1. Have you used drugs other than those required for medical reasons?	1□	0□
2. Have you abused prescription drugs?	1 🗆	0 🗆
3. Do you abuse more than one drug at a time?	1 🗆	0□
4. Can you get through the week without using drugs?	0 🗆	1 🗆
5. Are you always able to stop using drugs when you want to?	0 🗆	1 🗆
6. Have you had "blackouts" or "flashbacks" as a result of drug use?	1 🗆	0 🗆
7. Do you ever feel bad or guilty about your drug use?	1 🗆	0 🗆
8. Does your spouse (or parents) ever complain about your involvement with drugs?	1□	0□
9. Has drug abuse created problems between you and your spouse or your parents?	1□	0□
10. Have you lost friends because of your use of drugs?	1 🗆	0□
11. Have you neglected your family because of your use of drugs?	1 🗆	0□
12. Have you been in trouble at work because of drug abuse?	1 🗆	0□
13. Have you lost a job because of drug abuse?	1 🗆	0□
14. Have you gotten into fights when under the influence of drugs?	1 🗆	0□
15. Have you engaged in illegal activities in order to obtain drugs?	1 🗆	0 🗆
16. Have you been arrested for possession of illegal drugs?	1 🗆	0□
17. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	1□	0□
18. Have you had medical problems as a result of your drug use (e.g. memory loss, hepatitis, convulsions, bleeding, etc.)?	1 🗆	0□
19. Have you gone to anyone for help for a drug problem?	1□	0 🗆
20. Have you been involved in a treatment program specifically related to drug use?	1□	0□
TOTAL SCORE		

None	0	Monitor	Level 0.5
Low	1 – 5	Brief Counseling	Level I
Intermediate (likely meets DSM Criteria)	6 – 10	Outpatient (intensive)	Level I or II
Substantial	11 – 15	Intensive	Level II or III
Severe	16 – 20	Intensive	Level III or
			IV

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